



YMCA of Abilene

KARATE 2016

REDBUD

Trey Bland
3rd Degree
Black Belt

AGES 4 - 7

Tuesday &
Thursday
7-7:30pm
Small Gym

AGES 8 & UP

Tuesday &
Thursday
7:30 - 8:45pm
Small Gym

COST PER CHILD or
ADULT

FREE

WITH YMCA
MEMBERSHIP

YOUNG TIGERS

AGES 4 - 7
INTRODUCTION TO
SELF DEFENSE
TECHNIQUES AND PHYSICAL
FITNESS

YOUTH

AGES 8 & UP & ADULTS
SECOND LEVEL CLASS, FOCUS
ON DEVELOPING STRENGTH,
COORDINATION, & POWER



CLASSES AVAILABLE ALL YEAR

CALL 325.695.3400 or 325.677.8144

EMAIL DREVOIR@ABILENEYMCA.ORG



YMCA of ABILENE

KARATE 2016

YMCA OF ABILENE KARATE REGISTRATION FORM
REGISTER IN PERSON
AT THE REDBUD OR STATE STREET FAMILY CENTER

Child's Name _____				
D.O.B. _____ School _____				
Address _____				
City _____ Zip _____				
Primary Contact _____ Phone Number _____				
Email Address _____				
Secondary Contact _____ Phone Number _____				
Select Which Class (Please Circle One Below)				
<table border="1"><tr><td><u>REDBUD:</u></td><td>AGES 4 - 7</td><td>AGES 8 & UP</td></tr></table>		<u>REDBUD:</u>	AGES 4 - 7	AGES 8 & UP
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YMCA POLICY & WAIVER

Photo Release: I hereby _____ give or _____ do not give my consent for my child to be photographed for publicity purposes (your child's photos will only be used for YMCA or United Way purposes).

By my signature and my free will, I do hereby agree to indemnify and save harmless the YMCA of Abilene from any and all claims or demands, costs or expense arising out of any injuries or damages sustained by me or any party to or for whom I am responsible.

Signature: _____
Date: _____